PLASTIC POLLUTION TRACKER (DATE ____/____/_____)

MAKE A PLAN																	
ITEM	OLD YEARLY TOTAL	MONTHLY GOAL	YEARLY GOAL	MONTH 1	MONTH 2	MONTH 3	MONTH 4	MONTH 5	MONTH 6	MONTH 7	MONTH 8	MONTH 9	MONTH 10	MONTH 11	MONTH 12	NEW YEARLY TOTAL	DIFFERENCE BETWEEN OLD YEARLY TOTAL AND NEW YEARLY TOTAL
KITCHEN																	
Cleaning containers																	
Food containers- Liquid																	
Food containers- Plastic																	
Food packaging																	
Paper towels																	
Plastic bottles																	
Plastic cling wrap																	
Plastic cups																	
Plastic plates																	
Plastic reuseable bags																	
Plastic silverware																	
Straws																	
BATHROOM																	
Air Freshner																	
Body lotion																	
Body Soap																	
Cleaning containers																	
Conditioner																	
Cotton balls																	
Cotton pads																	
Cotton swabs with plastic sticks																	
Dental floss																	
Diapers																	
Essential oils																	
Face moisturizer																	
Feminine products																	
Hair gel																	
Hair spray																	
Hand Soap																	
Make-Up																	
Medicine bottles																	
Nail Polish																	
Shampoo																	
Toothpaste																	
Tothbrushes																	
Toilet paper																	
Toilet cleaner																	
Candles																	
PERSONAL																	
Cigarette butts																	

HOME: INTERIOR																	
Printer paper																	
Pens																	
Pencils																	
Markers																	
Notepads																	
HOME: EXTERIOR																	